

S K I L L	Goal Setting 	Analyzing Influences 	Interpersonal Communication 	Decision Making 	Advocacy 
C O N T E N T A R E A	10 Dimensions of wellness  	Substance Use, Abuse, Addiction, Music, Media, Phone   	Dating, Relationships, Consent, Sexual Assault  	Where are you going? Nutrition & Fitness  	You Make A Difference Day Core Values and Principles  
Skill Cues	Assess Identify Create Apply Record, Reflect on and Evaluate	Identify Analyze Examine Consider	I Tell You Conflict Resolution Conflicts Refusal: I Say No Negotiation: Slide	DECIDE	I Care

