SKILL	Accessing Valid & Reliable Information	Analyzing Influences	Goal Setting	Decision Making	Interpersonal Communication	Advocacy
			GOAL		COMMUNICATION	
CONTENT	Leading Causes of Death and Prevention	Stress Management, Time Management, Mental Health	Eating Habits and Fitness	Substance Use, Abuse, Addiction	Dating, Relationships, Contraception, Consent	Responsible Social Media Use
	PREVENTION IS BETTER THAN CURE	Music STRESS Hobby Time Mafure Yoga Meditation	right	Substance Abuse	SUPPORT RECOGNITION APPRECIATION RESPECT	