

Chelmsford Community Education

170 Dalton Road, Chelmsford, Massachusetts 01824 978-251-5151



# Summer Course Catalog 2024

# SUMMER 2024

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# Important Information

## Accounts on our Registration Website

Create a free account on our registration website. Setting up an account will ensure you receive important emails about upcoming programming and events and will make the program registration process easier. To register, go to: [ChelmsfordCommunityEd.com](http://ChelmsfordCommunityEd.com)

## Who Can Enroll?

Residents of Chelmsford and non-residents are welcome to enroll in our classes at the same tuition.

## How to Register

Online registration is available at [ChelmsfordCommunityEd.com](http://ChelmsfordCommunityEd.com). Your new account will let you register and pay online with a credit card.

Questions? Email us at [commed@Chelmsford.k12.ma.us](mailto:commed@Chelmsford.k12.ma.us)

## Registration Confirmation

You are officially enrolled as soon as we receive your payment. An email address is required for a confirmation email to be sent to you from [ChelmsfordCommunityEd.com](http://ChelmsfordCommunityEd.com).

## When Does Registration Begin?

Registration is currently open. We recommend customers register at least two weeks before classes begin. Registering early gives the best chance of classes running.

**Registration ends one week prior to the start date for each class.**

## Course Withdrawal & Refunds

Refunds for a course are handled as follows:

1. A full refund will be given when a class is cancelled due to low enrollment
2. A full refund minus a \$10 processing fee will be given for a cancellation more than 15 days prior to a class start date.
3. A full credit will be given for a cancellation 8-15 days prior to the class start date. Credits expire one year from date of issue.
4. No refund or credit will be given for cancellations 7 days or less prior to class start date.
5. SummerFest & SummerQuest may have a different refund policy. Check our website for details.
6. All classes are non-transferrable. If you are unable to attend a class for any reason, any attempt to transfer your registration to another person will not be honored
7. Manual refund payments require up to a 30-day processing period.
8. Trips have a different refund policy. Please refer to individual trip information for details.
9. To request a refund, email us at [adulted@chelmsford.k12.ma.us](mailto:adulted@chelmsford.k12.ma.us)

# SUMMER 2024

## Like us on Social Media

Don't miss out on all the news, class updates, fun pictures and free activities.

Like our Facebook page at:  
*Chelmsford Community Education*

Our Instagram page is:  
*CommedWestlands*

## Mission Statement

Chelmsford Community Education is a self-sustaining branch of the Chelmsford Public Schools. Learning is a lifelong pursuit, with areas of interest and needs that are vast. Accordingly, our goal is to offer a wide variety of programs. The selections range from academics, enrichment, sports and recreation to childcare services. We strive to provide high quality classes, programs and activities at an affordable price for students of all ages.

## Come Teach with Us

If you have a special skill that you would like to share with your community, come teach a class with us! Email your class ideas to Colleen at [smithc@chelmsford.k12.ma.us](mailto:smithc@chelmsford.k12.ma.us)

## Questions

For questions on classes, dates and registration, contact Colleen Smith at [adulthood@Chelmsford.k12.ma.us](mailto:adulthood@Chelmsford.k12.ma.us) or **978-251-5151 x6091**

For questions regarding SummerFest or SummerQuest, contact Michele Pielecki at

[commed@Chelmsford.k12.ma.us](mailto:commed@Chelmsford.k12.ma.us) or **978-251-5151 x6092**

## Commed Office Staff

**Robyn Adams, Director**

**Kelley DiFolco, Assistant Director**

**Michele Pielecki, Childcare Supervisor**

**Colleen Smith, Adult Education Program  
Coordinator**

**Linda Westland, Secretary**

**Rhonda Poole, Office Assistant**

Chelmsford Public Schools

**CHELMSFORD COMMUNITY EDUCATION**

170 Dalton Road, Chelmsford, MA 01824

**ChelmsfordCommunityEd.com**



The goal of Summerfest is to provide a valuable service to the parents of children in the Chelmsford area. The staff will make every effort to provide a safe and harmonious environment in which your child can make age-appropriate choices that lead to sound social, emotional and physical development.

We will have all our favorite areas open this summer: the STEM Room, Art Room, Chill Zone, Gym, Playground, Café, and Outdoor Rec. We will have weekly water features and in-house guests or field trips. Our goal is to allow the children more time to do things they really love, while still offering a variety of options.

Our program will be located at the Chelmsford Community Education Building, 170 Dalton Road 01824 Chelmsford, MA. Summerfest has lots of air-conditioned spots to cool off, and sprinklers and water play will provide refreshing fun on hot days. The staff consists of certified teachers, educational support personnel, nurses, college and high school students.

**We will be open from 7:00 a.m. to 6:00 p.m.**

A Sneak Peak at Summer!

Moving & Groovin' (7/1-7/3)

Batter Up! (7/8-7/12)

Silly Summer Science (7/15-7/19)

It's a Jungle Out There (7/22-7/26)

Underwater Ocean Commotion (7/29-8/2)

Out of This World (8/5-8/9)



# SUMMERQUEST

## 2024



SummerQuest is our summer program specifically for Preteens and Teens – kids entering 6<sup>th</sup> through entering 9<sup>th</sup> grade. Our program is designed to meet the unique needs of our older kids to help keep them entertained and excited during the summer and offer them increased freedom.

We offer a 5-Day week of off-site field trips that will bring your child to a variety of locations with exciting and enriching activities like rock climbing, hiking, museums, laser tag, ropes courses and more! Fridays are a ½ day of a Community Project and Varney Park/Freeman Lake. Our weekly Community Project will help our teens foster an appreciation for our town and keeping it at its best.

**SummerQuest is open from 8:00 a.m. to 3:00 p.m.** -4-

## Private Music

### Instruction for all Ages

Chelmsford Community Education offers private, one-on-one music lessons all year. Our qualified instructors are recruited and supervised by CommEd and the Chelmsford Public Schools Fine and Performing Arts Department.

For summer instruments and lesson availability and pricing go to [ChelmsfordCommunityEd.com](http://ChelmsfordCommunityEd.com) or contact Christopher McGillicuddy at [McGillicuddyC@Chelmsford.k12.ma.us](mailto:McGillicuddyC@Chelmsford.k12.ma.us)



## Computer

### NEW: Robot

### Commanders 101

Understanding how software can interact with robots is a key skill for the STEM jobs of tomorrow. In this class we will provide several playful activities, where students learn about what it means to write, debug, and execute computer programs that communicate with different robotic devices. Using the power of code, students will turn Sphero SPRK+ robots into Magic 8 Balls, automated Red Light/Green Light games, and the arcade classic Pong - and Unruly Splats will become our voting machines, relay races, guessing games, and more.

**Location:** Commed Rm 21 **Grades:** 2-4

**Instructor:** Circuit Labs

August 5-9, 8:00am - 11:00am, \$195

**Register NOW at**  
[ChelmsfordCommunityEd.com](http://ChelmsfordCommunityEd.com)

### NEW: Interactive Coding

Students explore Scratch programming, using the MIT-developed programming interface to craft stories and games. Use Makey Makey boards to invent new ways to interact with the Scratch projects using everyday objects. Our circuitry projects will become musical instruments, video game controllers, pressure sensors, and more. Students will learn valuable 21st-century skills while engaging in these fun, creative lessons. Collaborative project challenges enhance teamwork skills and inspire critical thinking. No prior coding experience required.

**Location:** Commed Rm 21 **Grades:** 3-5

**Instructor:** Circuit Labs

August 5-9, 11:45am - 2:45pm, \$195

**Register for both Circuit Labs classes and get a discount!**

### Metrocraft

Join our community as we build and govern a world-class Minecraft city, complete with everything needed for incoming residents! Build, budget, and furnish your own house. Plan a marketing campaign as you build your own business. Serve on the city council and vote to shape the city's future as you help create a constitution of laws for your citizens. Right Brain Curriculum teachers will guide you through - demonstrating how math, economics, and community-building are key to a successful, working urban environment. STEM skills have never been so much fun!

**Location:** Commed Rm 21 **Grades:** 2-5

**Instructor:** Right Brain Curriculum

July 22-26, 12:00pm - 3:00pm, \$219

**Register for Metrocraft & Lego Future House and get a discount!**

## Computer (cont.)

**Register for Dungeons & Dragons and AI Adventures - get a discount!**

### **NEW: AI Adventures**

Introduce your child to the world of Artificial Intelligence and inspire their creativity and curiosity!

In this class, your child will have the opportunity to work with some of the latest and most cutting edge AI technologies, such as ChatGPT, Stable Diffusion, DALL-E, and Novel.ai.

They'll learn how to use these tools to create their own chatbots, animations, short stories, and even films!

**Location:** Commed **Ages:** 7-12

**Instructor:** Athena Coding

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July 22-26, 12:00pm – 3:00pm \$329

AI Adventures/DD Bundle, 8:30am – 3:00pm \$598

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## Youth Programs



### **Jr. Alchemists: Chemistry for Kids**

Want to master the secrets of the universe? Create a volcanic eruption to rival Pompeii? Pass secret messages to your friends in invisible ink? Learn how to do these and much, much, more!

Junior Alchemists is designed to not only pique an interest in scientific inquiry, but to introduce students to a deeper understanding of its development and application. We allow them to see the basic principles of science in the world around them.

The course is focused on a number of experiments; they are tons of fun, visually appealing, and can safely be reproduced at home for friends and family.

**Location:** Commed **Ages:** 6-12

**Instructor:** Athena Coding

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July 15-19, 8:30am – 11:30am, \$329

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**Register for Jr. Alchemists & Hollywood Film Production and get a discount!**

**Register NOW at  
ChelmsfordCommunityEd.com**



# Youth Programs

(Cont.)



## Spectacular Hands-On Science

Join us for a week- long summer program designed to expose students to science process skills, critical thinking skills and scientific reasoning skills along with the scientific method.

The scientists are fast-paced and funny, and your kids will be thoroughly entertained while they are learning some interesting things too! We will explore weird motions and flying things, air and water pressure, crazy chemistry, light and sound, science magic, electricity, magnets, astronomy and more!

**Location:** Commed Bldg. **Grades:** Various  
**Instructor:** Top Secret Science

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Grades K-5	July 15-19	9:00-3:00pm	\$335
Grades 5-8	July 29-Aug 2	9:00-3:00pm	\$335

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**Register for Kids Newsroom & Lego Civics Project & get a \$25 discount!**

**Register NOW at**  
**ChelmsfordCommunityEd.com**

## The Kids' Newsroom

Extra! Extra! Read all about it! Our classroom will become a working newsroom as we write and publish a class newspaper! Don't like that new school lunch they're serving? Express your feelings on the editorial page. Going to the school soccer game? Bring your camera and reporter's notebook and become a beat reporter for our sports section. Going to the new Frozen sequel? Write a glowing or scathing review. A new teacher at school? Sit down with the new music teacher at school and conduct a hard-hitting interview. Our Right Brain Curriculum instructors will teach you the craft of journalism, including investigative writing, research and editing. The Kids' Newsroom: It's hot off the press!

**Location:** Commed Rm 21 **Grades:** 2-5  
**Instructor:** Right Brain Curriculum

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July 8-12, 8:30am – 11:30am, \$219

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## NEW: Lego Civics Project

A Lego city comes to life! Join our community as we build and govern a world-class Lego city, complete with everything needed for incoming residents! Build, budget and furnish your own house. Plan a marketing campaign as you build your own business. Serve on the city council and vote to shape the city's future as you help create a constitutions of laws for your citizens. Our Right Brain Curriculum teachers will guide you through - demonstrating how math, economics, and community-building are key to a successful, working urban environment. Social studies have never been so much fun!

**Location:** Commed **Grades:** 2-5  
**Instructor:** Right Brain Curriculum

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July 8-12, 12:00pm – 3:00pm, \$219

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## Youth Programs

(cont.)



### **Lego Future House**

What will life on Earth be like in the year 2122? That is the question you will ponder as our Right Brain Curriculum teachers take you on a tour of smart homes, driverless cars, robotic chefs, self-sustaining skyscrapers and more. Learn how futurists predict life on Earth will evolve and discover how innovators around the world are changing it already. Then it will be your turn to do the imagining. You will create your own Lego house of the future – designing space-age furniture for every room in the house and a futuristic vehicle for the garage. Even the family pet will get a reboot! You will consider how virtual reality, climate change and interactive robots could change life on Earth and beyond.

**Location:** Commed Rm 21    **Grades:** 2-5

**Instructor:** Right Brain Curriculum

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July 22-26, 8:30am – 11:30am, \$219

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### **NEW: Riddle Rovers Escape Room**

Are you up for the challenge? Embark on an unforgettable adventure at Fun4All's Riddle Rovers Escape Room program. Young minds become budding detectives and puzzle solvers. The program is sure to get your wheels turning as you work with others to search for clues and solve puzzles in order to unravel the truth. This exciting program is tailor-made for kids who love challenges, mysteries, and the thrill of escaping from perplexing situations!

**Location:** Commed    **Grades:** 1-6

**Instructor:** Fun4All Summer Programs

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July 8 - 11, 9:00am – 3:00pm \$220

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### **NEW: Plant Pioneers Indoor Gardening**

Calling all young nature enthusiasts and aspiring gardeners! Embark on an exciting journey that will be sure to inspire young gardeners to appreciate a variety of plants. Join Fun4All for hands-on learning, creativity, and fun during our Plant Pioneers Program. Students will learn the fundamentals of indoor gardening including plant care and the importance of sunlight, nutrients, and water. Students will get the chance to get their hands dirty as they design terrariums and learn about companion plants in their very own herb gardens.

**Location:** Commed    **Grades:** 1-6

**Instructor:** Fun4All Summer Programs

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July 15 - 18, 9:00am – 3:00pm \$220

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**Register NOW at  
ChelmsfordCommunityEd.com**

# Youth Programs

(cont.)

## Fun4All Slime Week!



It's time for slime! Spend a week learning how to make slime and put your creativity to the test to see who can make the ultimate slime! During slime week, students can expect to learn the basics of how to make slime and will have fun creating slimes of different colors, smells, and textures. Students will learn to make slimes that are crunchy, magnetic, and glow in the dark! Once the slime is made, students will show off their creations! Slime week lets kids get their hands dirty while leaving the mess in the classroom and out of your home!

**Location:** Commed **Grades:** 1-6  
**Instructor:** Fun4All Summer Programs

July 22 - 25, 9:00am - 3:00pm \$220

## NEW: Once Upon A Summer

Welcome to a world of enchantment and imagination at Fun4All's Once Upon a Summer. This program is designed for kids who love the wonder and whim of fairy tales and fantastical adventure. Join us for a week of fantasy crafts, outdoor quests, and storytelling adventures that is sure to keep the curiosity alive for the entire summer.

**Location:** Commed **Grades:** 1-6  
**Instructor:** Fun4All Summer Programs

July 29 - Aug 1, 9:00am - 3:00pm \$220

# The Arts



## NEW: Candyland Dance Week

Join us for a super sweet week! Explore ballet, tap and jazz throughout the week. Though ballet and tap shoes are ideal, they are not required, and children may participate barefoot.

**Location:** Commed Rm 9 **Ages:** 5-7  
**Instructor:** Gina Sandelli

July 8-12, 10:30-12:00pm, \$59



## Hollywood Film Production

Turn your movie idea into an amazing script, then bring it to life! This class takes the process through script formatting and styling, character design, writing dialogue, storyboarding before moving into filming! Student will act out parts, work behind the camera, shooting with iPads. We will also learn about special effects and green-screen editing.

**Location:** Commed Conf Rm 2 **Ages:** 8-12  
**Instructor:** Athena Coding

July 15-19, 12:00-3:00pm, \$329

**Register NOW at**  
**ChelmsfordCommunityEd.com**



## The Arts (Cont.)



### Summer Sing! Musical Theatre for Kids

Do you like to act, sing and dance? Then Summer Sing! musical theatre class is for you! Students will learn acting skills, singing techniques, and dance moves. No previous theatre experience required. Students will perform a short combination for family and friends on the last day of the session showcasing what they have learned. Come enjoy a fun week full of acting, singing, and dancing!

**Location:** Commed Rm 9 **Grades:** 5-9

**Instructor:** Jai Velazquez

July 15-19, 9:00am – 12:00pm, \$170  
 July 29-Aug 2, 9:00am – 12:00pm, \$170



### NEW: Artistic Adventures: Arts & Crafts

If you like doing arts and crafts projects, you will love this relaxed and fun camp. Each day we will be creating 'two different projects' that will involve the use of a variety of materials such as clay and collage, paints and paste, gems and gelatos, stencils and sticks and so much more. You will take home 10 projects by the end of the week. This camp provides an opportunity to work with many mediums and art materials you may have never tried. After the completion of both projects each day, there will be time for self-expression of your choice using a variety of art supplies.

**Location:** Commed Rm 15 **Grades:** 3-8

**Instructor:** Nancy Phillip

Week 1: July 8-12, 11:00-3:00pm, \$175  
 Week 2: August 5-9, 11:00-3:00pm, \$175

## Special Interests



### Home Alone

Does your child know what to do in an emergency or if a stranger comes to the door? Take the first steps towards independence! The Home Alone Program is designed to teach children simple rules and procedures for responsible self-care.

**Location:** Commed Rm 10

**Ages:** 8-12

**Instructor:** Janet Cullinane

Session 1: Tuesday, July 16, 9:30-11:30am, \$29  
 Session 2: Thursday, August 1, 12:00-2:00pm, \$29

# Special Interests

(Cont.)



## Summer Chess Program

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You will improve your chess skills, meet new friends, and work out your most powerful muscle – your brain! Our programs include fun team chess games (like corner chess), recess time (of course), snacks, tournaments, and puzzles. Unleash your brain power and spend some of your summer with Chess Wizards.

Everyone receives a Chess Wizards t-shirt, trophy, and puzzle folder.

**Location:** Commed Rm 10 **Ages:** 6-12

**Instructor:** Chess Wizards

July 29 – August 2

AM: 9:00am – 12:00pm \$219

PM: 12:00pm – 3:00pm \$219

FULL DAY: 9:00am – 3:00pm \$339



## Kid's Test Kitchen

We are redefining kid food! Each class presents students with opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, they'll slice, dice, peel, measure, and cook until they've prepared the finished dish. Class closes with opportunity to taste the result of their hard work. Students receive a printed recipe card and the focal ingredient - or a sample of the finished dish - so they can show off what they learned!

**Location:** Commed

**Grades:** 1-5

**Instructor:** Kid's Test Kitchen

July 8-11	12:30-3:30pm	\$260
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## NEW: Dungeons & Dragons



Our exciting and imaginative program provides a fun and engaging way for students to develop their social, problem-solving, and teamwork skills while exploring the thrilling world of D&D. Students are grouped into teams and assigned a dungeon master, who will guide them through a fantastical world filled with monsters, treasure, and challenges. Work together to overcome obstacles and complete quests, fostering a sense of camaraderie and teamwork.

**Location:** Commed **Ages:** 7-12

**Instructor:** Athena Coding

July 22-26, 8:30am – 11:30am \$329

DD/AI Adventures Bundle, 8:30am – 3:00pm \$598

# Skyhawks Sports

## Flag Football

### Fueled by USA Football

Experience the excitement of football with Skyhawks Flag Football fueled by USA Football. Using a curriculum developed by USA Football, coaches teach skills like passing, receiving, kicking and flag pulling all while you are gaining confidence and learning life lessons in a fun, positive environment.

**Location:** Byam School Field **Ages:** 7-12

**Instructor:** Skyhawks Sports Academy

July 8 - 12, 9:00am - 12:00pm, \$159



## Cheerleading With Skyhawks

This class teaches young athletes the essential skills to lead the crowd and support the home team! Each participant will learn cheers, proper hand/body movements, and jumping techniques. There is no stunting, just a big focus on fun while each cheerleader learns important life skills such as teamwork and leadership. The program concludes with a final cheer performance.

**Location:** Byam School Field **Ages:** 5-8

**Instructor:** Skyhawks Sports Academy

July 8 - 12, 9:00am - 12:00pm, \$159

**Register NOW at**  
**ChelmsfordCommunityEd.com**



## Multi-Sport Tots With Skyhawks

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age-appropriate games and activities to explore balance, hand/eye coordination, fitness, sport skills and child development. Some parent participation required for ages 3 to 3 ½ years old.

**Location:** Byam School Field **Ages:** 3-5

**Instructor:** Skyhawks Sports Academy

July 22 - 26, 8:00am - 8:45am, \$110

## Mini-Hawks With Skyhawks

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, students explore balance, hand/eye coordination and skill development at their own pace.

**Location:** Byam School Field **Ages:** 4-6

**Instructor:** Skyhawks Sports Academy

July 22 - 26, 9:00am - 12:00pm, \$159

## Multi-Sport With Skyhawks

Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship and teamwork.

**Location:** Byam School Field **Ages:** 7-12

**Instructor:** Skyhawks Sports Academy

July 22 - 26, 9:00am - 12:00pm, \$159



## Skyhawks Sports (Cont.)

### Stem & Play Soccer with Skyhawks

This program combines strategic STEM-based activities with traditional Skyhawks soccer instruction with a focus on life skills such as teamwork and sportsmanship. STEM Sport soccer curriculum gives students the opportunity to get behind the sport they love with modules on soccer ball design, throw-in-science, angles and goal-line technology! Participants will also learn the fundamentals of passing, shooting, dribbling and defense through skill-based drills and scrimmages. Skyhawks puts the Sports in STEM.

**Location:** Byam School Field **Ages:** 7-12

**Instructor:** Skyhawks Sports Academy

July 15 – 19, 9:00am – 12:00pm, \$169



### Beginning Golf with Skyhawks

Participants will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment is provided.

**Location:** Byam School Field **Ages:** 5-9

**Instructor:** Skyhawks Sport Academy

July 29 – August 2, 9:00am – 12:00pm, \$159

## Register NOW at

[ChelmsfordCommunityEd.com](http://ChelmsfordCommunityEd.com)

### New: Ultimate Sports with Skyhawks

Our knowledgeable staff play a variety of fast paced, cooperative team games focused on hand eye coordination. Proper throwing and catching techniques are taught and practiced while learning the games of Ultimate Frisbee, Ultimate Handball, Ultimate Football, and various versions of Capture the flag. All equipment is provided.

**Location:** Byam School Field **Ages:** 7-12

**Instructor:** Skyhawks Sport Academy

August 5 - 9, 9:00am – 12:00pm, \$159

## Sports & Fitness

### Youth Summer Basketball



The purpose of this league is to build sportsmanship and confidence while providing an organized experience to learn and enjoy the game of basketball. It is understood that children will miss games because of other commitments (vacation, other sports, etc.) The program will run as a skills and drills program to begin each class, then will break down to game play at the end of each class. Class size will not exceed 60 per hour based on hoop availability. If numbers exceed that amount, additional time will be opened up to accommodate the additional registrants.

**Location:** CHS Gym **Grades:** 2 – 9

Begins Monday, July 8<sup>th</sup>, 6:00pm – 8:00pm, \$95

Program to run on Mondays & Wednesdays

# Sports & Fitness (cont.)



## Summer Archery

Come join us this Summer and learn one of the fastest growing sports in the country - Archery! Beginners and all skill levels are welcome. Archery program is taught by a certified USA archery level 3 coach from On Site Archery. In this program, you will learn proper archery range procedures, safety and how to shoot a bow and arrow through a step-by-step approach.

**Location:** Byam Field    **Grades:** See Below  
**Instructor:** On-Site Archery

Grades 3-5, July 8 - 12, 12:45-1:45pm, \$155  
 Grades 6-12, July 8 - 12, 2:00-3:00pm, \$155

Grades 3-5, August 5 - 9, 12:45-1:45pm, \$155  
 Grades 6-12, August 5 - 9, 2:00-3:00pm, \$155



## 22:6 Athletics Football Clinic

We want kids to have fun and establish a passion for the game of football, with a focus on teaching teamwork, respect, sportsmanship and the fundamentals. Every class will end with a game that incorporates skills learned during the clinic. Dinal class will consist of a fun scrimmage showcasing that players learned, along with an All-Star event competition. The final event even incorporates games for the parents to participate with the kids.

**Location:** Byam Field    **Ages:** 10-15  
**Instructor:** 22:6 Athletics

4 Thur, July 11 - August 8, 5:30pm - 7:00pm, \$90



## Field Play

Your child will enjoy outdoor field games and events including races, jumping, throwing, and much more! This is a low competitive atmosphere where children are introduced to track and field skills and get the opportunity to run and play games. Ribbons will be distributed to all participants each evening. T-shirts will be available at the CommEd office July 1-9 from 10am to 2:30pm

**Location:** McCarthy Track & Field  
**Grades:** K-5    **Instructor:** Courtney Quinn

4 Tuesdays, July 9 - July 30, 6:15pm - 7:30pm, \$45



## Mountain Biking

Get your kids outside and active this summer with this fun new program that will give your kids a safe, fun way to enjoy a new sport, develop self-confidence, make new friends, and get more physically fit.

**Location:** Russell Mills Swim & Tennis Club, Chelmsford  
**Ages:** 7-13    **Instructor:** KC&E Adventures

Wk 1: July 8 - 10    9:00am - 1:00pm    \$300  
 Wk 2: July 22 - 24    9:00am - 1:00pm    \$300

## Sports & Fitness (cont.)



### Youth Tennis

Taught by MG Tennis Academy, in the U6 program, basic stroke production is taught, with a focus on ground strokes and the serve. Players develop the consistency to sustain longer rallies. In U10, on court training includes an element of movement, footwork, and overall coordination. U16 is designed for advanced beginners to high intermediate. Players are introduced to advanced patterns of play and movement drills.

**Location:** South Row Tennis Courts **Ages:** U6, U10, U16 **Instructor:** MG Tennis Academy

U6: July 8 – August 9, 8:15am – 9:45am, \$125/Wk

U10: July 8 – August 9, 10am – 12pm, \$165/Wk

U16: July 8 – August 9, 12:15pm – 2:15pm, \$165/Wk



### Pickleball

Join us this summer for the fastest growing sport in America! Two levels of programming available depending on your ability level. All equipment is provided! Space is VERY limited to register today!

**Location:** Varney Park **Ages:** 18+

**Instructor:** Donald Van Dyne

#### July Session:

4 Tuesdays, Begins July 9, \$135

4 Thursdays, Begins July 11, \$135

#### August Session:

4 Tuesdays, Begins August 13, \$135

4 Thursdays, Begins August 15, \$135

Check our website for levels and times

A D U L T



### Ed2Go Online Learning

Chelmsford Community Education partners with Ed2Go to offer a wide range of highly interactive courses that you can take entirely over the internet. All courses are led by expert instructors, many of whom are nationally known authors.

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**Register NOW at**  
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