

DO IT FOR YOU

The All-You Challenge

This Fall, jumpstart your emotional well-being and take back the wheel from stress and worry.

Enroll in any of our proven online programs - or complete an online lesson - and you'll be automatically entered to win an Amazon.com gift card for up to \$50. To enter, just do one or more of the following:

- ✓ Enroll in a Learn to Live program
- ✓ Complete a Learn to Live lesson

Disponible en Español

Visit learntolive.com/partners
and enter **MIIA**



Use your phone to
scan the QR Code

Entry details: Sign up anytime between 9/7-9/30, 2021; 2 entries max per person.

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