



All Chelmsford School Lunches are served with a variety of fruits and vegetables and choice of skim (white or flavored) or 1%



**Daily alternates:** Entrée Salad or Deluxe Chicken Sandwich  
**Student lunch prices:** Elementary \$2.65 Middle & High School \$ 3.10  
**Healthy snack prices:** Snacks \$.50 – 1.25 Water \$1.00  
 \*Menus are subject to change without notice



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**No School**

2

Pizza Bagels **WG**  
 Steamed Carrots  
 Sweet Peas  
 Orchard Apple  
 Chocolate Pudding

3

Deluxe Hamburger  
 on a **WG** Roll  
 Baked Beans  
 Kernel Corn  
 Sliced Peaches  
 Juice

4

French Toast Sticks **WG**  
 Syrup Cup / Scrambled Eggs  
 Blueberry Cup  
 Carrot & Celery Sticks  
 Juice

5

*Gill's Homemade Pizza* **WG** 6  
 or  
 Fruit & Yogurt Parfait Lunch **V**  
 Steamed Broccoli  
 Carrot Sticks  
 Mixed Fruit

6

Popcorn Chicken Bowl  
 Mashed Potato  
 Gravy & Corn Nibletts  
**WG** Roll  
 Apple / Juice  
 Gingerbread Cookie

9

**No Lunch**  
*Early Release Day*

10

Crispy Baked Chicken  
**WG** Roll  
 Baked Potato Wedges/ Baked Beans  
 Diced Pears / Juice

11

Taco or Nachos  
 Salsa, Olives, Jalepeno  
 Cheese Sauce  
**WG** Fiesta Beans & Rice  
 Broccoli  
 Sliced Pears

12

*Gill's Homemade Pizza* **WG** 13  
 or  
 Fruit & Yogurt Parfait Lunch **V**  
 Sweet Peas / Steamed Carrots  
 Mixed Fruit

13

**No School**  
**MLK Day**

16

Chicken Pasta Alfredo  
**WG** Roll  
 Steamed Broccoli  
 Carrot Sticks  
 Mixed Fruit  
 Juice

17

BBQ Pulled Pork Sandwich  
**WG** Roll  
 Baked Potato Wedges/ Baked Beans  
 Fresh Apple / Juice

18

Deluxe Hamburger  
 on a **WG** Roll  
 Celery Sticks  
 Carrot Sticks  
 Sliced Peaches  
 Chocolate Pudding

19

*Gill's Homemade Pizza* **WG** 20  
 or  
 Fruit & Yogurt Parfait Lunch **V**  
 Steamed Broccoli  
 Carrot Sticks  
 Mixed Fruit

20

Mini Pizza Bagels **WG**  
 Garbanzo Beans  
 Corn  
 Orchard Apple / Juice  
 Chocolate Pudding

23

Beef or Chicken Nachos  
**RF** Cheese  
 Fiesta Corn / Black Bean Salad  
 Applesauce

24

Personal Pan Pizza **WG**  
 Garden Salad & Dressing  
 Steamed Carrots  
 Diced Peaches / Juice

25

French Toast Sticks **WG**  
 Syrup Cup / Scrambled Eggs  
 Blueberry Cup  
 Carrot & Celery Sticks

26

*Gill's Homemade Pizza* **WG** 27  
 or  
 Fruit & Yogurt Parfait Lunch **V**  
 Corn / Steamed Carrots  
 Mixed Fruit

27

Taco or Nachos  
 Salsa, Olives, Jalepeno  
 Cheese Sauce  
**WG** Fiesta Beans & Rice  
 Sliced Pears / Juice

30

Macaroni & Cheese  
 Broccoli  
 Sweet Peas  
 Strawberry Cup

31



**USDA is an equal opportunity provider and employer.**

